

Supplement Facts

Whey Best – Strawberry White Chocolate 1000 g

Serving Size: 30 g (1 level scoop)

Servings Per Container: 33

Amount Per Serving

Calories 120 Calories from Fat 18

	% Daily Value*			% Daily Value*			% Daily Value*		
Total Fat	2 g	2%		Sodium	41 mg	2%	Sugars	2 g	
Saturated Fat	1 g	5%		Potassium	127 mg	4%	Dietary Fiber	0 g	0%
Cholesterol	25 mg	9%		Total Carbohydrate	4 g	1%	Protein	21 g	44%

Muscle Amino Complex (L-Leucine, L-Glutamine, Taurine)

736 mg

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Typical Amino Acid Profile Per Serving

L-Alanine	1052 mg	L-Isoleucine	1346mg*	Taurine	255 mg
L-Arginine	511 mg	L-Leucine	2169mg*	L-Threonine	1376mg*
L-Aspartic Acid	2186 mg	L-Lysine	2138mg*	L-Tryptophan	365mg*
L-Cysteine	592 mg	L-Methionine	460mg*	L-Tyrosine	678 mg
L-Glutamine	4230 mg	L-Phenylalanine	640mg*	L-Valine	1245mg*
Glycine	368 mg	L-Proline	1212 mg	*Essential Amino Acids	
L-Histidine	356 mg	L-Serine	1069 mg		

INGREDIENTS: Cold-ultrafiltered whey protein concentrate with protein microfractions intact, "Amino Shuttle 2" (dextrose, L-glutamine, taurine), L-Leucine, xanthan gum, acesulfame-K, sucralose, natural and artificial flavors (white chocolate, strawberry), color (strawberry red).

ALLERGEN INFO: Manufactured in a facility that processes milk, soy and egg proteins, and peanuts!

USAGE: Dissolve 1 serving in 250 ml liquid. The number of servings used for one shake and per day depends on your individual nutritional needs! Primarily use around training.

Whey is the best source of protein due to its effects on muscle mass when combined with weight training. It's considered high-quality because of its abundance of essential amino acids that are necessary for stimulating protein synthesis and muscle growth. Whey Best is enhanced with leucine, glutamine and taurine, the most important protein synthesis stimulating and muscle cell-volume boosting amino acids in muscle tissue! In summary, whey protein is the best for muscle growth, recovery and health! Aspartame free product!

Store in a cool, dry place. Heat and sunlight may damage the bag!

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: as with all exercise and nutritional programs, please consult your physician first. Keep out of the reach of children.



